# 2026

JAHRESÜBERSICHT

| | JAN | FEB | MÄR | APR | MAI | JUN | JUL | AUG | SEP | OKT | NOV | DEZ |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | DO Neujahr +2 | SO Run Club +1 | SO Run Club +1 | MI Zoom-Meeting +2 | FR Tag der Arbeit +2 | MO 23 Kick-off Woche +2 | MI Zoom-Meeting +1 | SA Yoga | DI Jour fixe Team +2 | DO Coaching mit Anke +1 | SO Run Club | DI Jour fixe Team +3 |
| 2 | FR Weekly Review +1 | MO 6 Kick-off Woche +2 | MO 10 Kick-off Woche +2 | DO Coaching mit Anke +1 | SA Yoga +2 | DI Jour fixe Team +2 | DO Lunch Date +1 | SO Run Club +1 | MI Zoom-Meeting +2 | FR Weekly Review +1 | MO 45 Kick-off Woche +2 | MI Zoom-Meeting +1 |
| 3 | SA Yoga | DI Jour fixe Team +2 | DI Jour fixe Team +2 | FR Karfreitag +2 | SO Run Club | MI Zoom-Meeting +1 | FR Weekly Review +1 | MO 32 Kick-off Woche +2 | DO Coaching mit Anke +1 | SA Tag der Deutschen +1 | DI Jour fixe Team +2 | DO Mila wird 9 +2 |
| 4 | SO Run Club +1 | MI Zoom-Meeting +2 | MI Zoom-Meeting +2 | SA Yoga +2 | MO 19 Kick-off Woche +2 | DO Lunch Date +1 | SA Yoga +1 | DI Jour fixe Team +2 | FR Weekly Review +1 | SO | MI Zoom-Meeting +1 | FR Weekly Review +2 |
| 5 | MO 2 Kick-off Woche +2 | DO Coaching mit Anke +1 | DO Coaching mit Anke +1 | SO Run Club | DI Jour fixe Team +2 | FR Weekly Review +1 | SO Run Club +1 | MI Zoom-Meeting +2 | SA Yoga +1 | MO 41 | DO Lunch Date +1 | SA Yoga |
| 6 | DI Jour fixe Team +2 | FR Weekly Review +1 | FR Weekly Review +1 | MO 15 Ostermontag +3 | MI Zoom-Meeting +1 | SA Yoga +1 | MO 28 Kick-off Woche +2 | DO Coaching mit Anke +1 | SO Run Club | DI | FR Weekly Review +1 | SO Run Club +1 |
| 7 | MI Zoom-Meeting +2 | SA Yoga +1 | SA Yoga +1 | DI Jour fixe Team +2 | DO Lunch Date +1 | SO Run Club +1 | DI Jour fixe Team +2 | FR Weekly Review +1 | MO 37 Kick-off Woche +2 | MI | SA Yoga | MO 50 Kick-off Woche +2 |
| 8 | DO Coaching mit Anke | SO Run Club | SO Run Club | MI Zoom-Meeting +1 | FR Weekly Review +1 | MO 24 Kick-off Woche +2 | MI Zoom-Meeting +2 | SA Yoga +2 | DI Jour fixe Team +2 | DO | SO Run Club +1 | DI Jour fixe Team +2 |
| 9 | FR Weekly Review +1 | MO 7 Kick-off Woche +2 | MO 11 Kick-off Woche +2 | DO Lunch Date | SA Yoga | DI Jour fixe Team +2 | DO Coaching mit Anke | SO Run Club | MI Zoom-Meeting +1 | FR | MO 46 Kick-off Woche +3 | MI Jonas +3 |
| 10 | SA Yoga +2 | DI Jour fixe Team +2 | DI Jour fixe Team +2 | FR Weekly Review +1 | SO Run Club +1 | MI Zoom-Meeting +2 | FR Weekly Review +1 | MO 33 Kick-off Woche +2 | DO Lunch Date | SA | DI Jour fixe Team +2 | DO Coaching mit Anke |
| 11 | SO Run Club | MI Zoom-Meeting +1 | MI Zoom-Meeting +1 | SA Yoga | MO 20 Kick-off Woche +2 | DO Coaching mit Anke | SA Yoga +1 | DI Jour fixe Team +2 | FR Weekly Review +1 | SO | MI Zoom-Meeting +2 | FR Weekly Review +1 |
| 12 | MO 3 Kick-off Woche +2 | DO Lunch Date | DO Lunch Date | SO Run Club +1 | DI Jour fixe Team +2 | FR Weekly Review +1 | SO Run Club | MI Zoom-Meeting +1 | SA Yoga +1 | MO 42 | DO Coaching mit Anke | SA Yoga +2 |
| 13 | DI Jour fixe Team +2 | FR Weekly Review +1 | FR Weekly Review +1 | MO 16 Kick-off Woche +2 | MI Zoom-Meeting +2 | SA Yoga +1 | MO 29 Kick-off Woche +2 | DO Lunch Date | SO Run Club +1 | DI | FR Weekly Review +1 | SO Run Club |
| 14 | MI Zoom-Meeting +1 | SA Yoga +1 | SA Yoga +1 | DI Jour fixe Team +2 | DO Christi Himmelfahrt +1 | SO Run Club | DI Jour fixe Team +2 | FR Weekly Review +1 | MO 38 Kick-off Woche +2 | MI | SA Yoga +2 | MO 51 Kick-off Woche +2 |
| 15 | DO Lunch Date +1 | SO Run Club +1 | SO Run Club +1 | MI Zoom-Meeting +2 | FR Weekly Review +1 | MO 25 Kick-off Woche +2 | MI Zoom-Meeting +1 | SA Yoga | DI Jour fixe Team +2 | DO | SO Oma Gerda wird 78 +1 | DI Jahresabschluss +3 |
| 16 | FR Weekly Review +1 | MO 8 Kick-off Woche +2 | MO 12 Kick-off Woche +2 | DO Coaching mit Anke +1 | SA Yoga +2 | DI Jour fixe Team +2 | DO Lunch Date +1 | SO Run Club +1 | MI Zoom-Meeting +2 | FR | MO 47 Zahnarzt Mila +3 | MI Zoom-Meeting +1 |
| 17 | SA Yoga | DI Jour fixe Team +2 | DI Jour fixe Team +2 | FR Weekly Review +1 | SO Run Club | MI Zoom-Meeting +1 | FR Weekly Review +1 | MO 34 Kick-off Woche +2 | DO Coaching mit Anke +1 | SA | DI Jour fixe Team +3 | DO Lunch Date +2 |
| 18 | SO Run Club +1 | MI Zoom-Meeting +2 | MI Zoom-Meeting +2 | SA Yoga +2 | MO 21 Kick-off Woche +2 | DO Lunch Date +1 | SA Urlaub Borkum | DI Jour fixe Team +2 | FR Weekly Review +1 | SO | MI Zoom-Meeting +2 | FR +2 |
| 19 | MO 4 Kick-off Woche +2 | DO Coaching mit Anke +1 | DO Coaching mit Anke +1 | SO Run Club | DI Jour fixe Team +2 | FR Weekly Review +1 | SO | MI Zoom-Meeting +2 | SA Yoga +1 | MO 43 | DO Lunch Date +1 | SA Yoga |
| 20 | DI Jour fixe Team +2 | FR Weekly Review +1 | FR Weekly Review +1 | MO 17 Kick-off Woche +2 | MI Zoom-Meeting +1 | SA Yoga +1 | MO 30 | DO Coaching mit Anke +1 | SO Run Club | DI | FR Weekly Review +2 | SO Run Club +1 |
| 21 | MI Zoom-Meeting +2 | SA Yoga +1 | SA Yoga +1 | DI Jour fixe Team +2 | DO Lunch Date +1 | SO Run Club +1 | DI | FR Weekly Review +1 | MO 39 Kick-off Woche +2 | MI | SA Yoga +2 | MO 52 Yoga |
| 22 | DO Coaching mit Anke | SO Run Club | SO Run Club | MI Zoom-Meeting +1 | FR Weekly Review +1 | MO 26 Kick-off Woche +2 | MI | SA Yoga +2 | DI Jour fixe Team +2 | DO | SO Run Club +1 | DI Schwimmkurs Mila +1 |
| 23 | FR Weekly Review +1 | MO 9 Kick-off Woche +2 | MO 13 Kick-off Woche +2 | DO Lunch Date | SA Yoga | DI Jour fixe Team +2 | DO | SO Run Club | MI Zoom-Meeting +1 | FR | MO 48 Kick-off Woche +2 | MI Chor |
| 24 | SA Yoga +2 | DI Jour fixe Team +2 | DI Jour fixe Team +2 | FR Weekly Review +1 | SO Run Club +1 | MI Zoom-Meeting +2 | FR | MO 35 Kick-off Woche +2 | DO Lunch Date | SA Yoga +1 | DI Jour fixe Team +2 | DO |
| 25 | SO Run Club | MI Zoom-Meeting +1 | MI Zoom-Meeting +1 | SA Yoga | MO 22 Pfingstmontag +3 | DO Coaching mit Anke | SA | DI Jour fixe Team +2 | FR Weekly Review +1 | SO Run Club +1 | MI Lisa +3 | FR 1. Weihnachtstag +1 |
| 26 | MO 5 Kick-off Woche +2 | DO Lunch Date | DO Lunch Date | SO Run Club +1 | DI Jour fixe Team +2 | FR Weekly Review +1 | SO | MI Zoom-Meeting +1 | SA Yoga +1 | MO 44 Kick-off Woche +2 | DO Coaching mit Anke +1 | SA 2. Weihnachtstag +1 |
| 27 | DI Jour fixe Team +2 | FR Weekly Review +1 | FR Weekly Review +1 | MO 18 Kick-off Woche +2 | MI Zoom-Meeting +2 | SA Yoga +1 | MO 31 | DO Lunch Date | SO Run Club +1 | DI Jour fixe Team +2 | FR Weekly Review +1 | SO |
| 28 | MI Zoom-Meeting +1 | SA Yoga +1 | SA Yoga +1 | DI Jour fixe Team +2 | DO Coaching mit Anke | SO Run Club | DI | FR Weekly Review +1 | MO 40 Kick-off Woche +2 | MI Zoom-Meeting +2 | SA Yoga +2 | MO 53 |
| 29 | DO Lunch Date | | SO Run Club +1 | MI Zoom-Meeting +2 | FR Weekly Review +1 | MO 27 Kick-off Woche +2 | MI | SA Yoga | DI Jour fixe Team +2 | DO Coaching mit Anke | SO Run Club +1 | DI |
| 30 | FR Weekly Review +1 | | MO 14 Kick-off Woche +2 | DO Coaching mit Anke | SA Yoga +2 | DI Jour fixe Team +2 | DO | SO Run Club +1 | MI Zoom-Meeting +2 | FR Weekly Review +1 | MO 49 Kick-off Woche +2 | MI |
| 31 | SA Yoga | | DI Jour fixe Team +2 | | SO Run Club | | FR | MO 36 Kick-off Woche +2 | | SA Reformationstag +2 | | DO |